



ESICON 2022



Endocrine Society of India
Rajasthan Affiliate

51st ANNUAL MEETING OF ENDOCRINE SOCIETY OF INDIA

VENUE: BIRLA AUDITORIUM JAIPUR RAJATHAN

23rd DECEMBER (DAY - 2) NAHARGARH HALL

Time	Topic	Speaker
Symposium: D2/N/06 - Obesity		
Chairpersons: Sushil Jindal, Asish Basu, Ashu Rastogi, Deepak Gupta		
11:10 - 11:30	A Dip into Fat Biology - Visceral vs Subcutaneous	Subhankar Chowdhury
11:30 - 11:50	Time-restricted Eating for Management of Metabolic Diseases	Shehla Shaikh
11:50 - 12:10	Novel Non-Surgical Approaches for Obesity: Pharmacotherapy to Gene Therapy	AG Unnikrishnan
12:10 - 12:30	Utility of GLP 1 RA: Beyond Diabetes	Ambrish Mithal
Break: 10 minutes		
Symposium: D2/N/07 – Pediatric Endocrinology		
Chairpersons: Anita Khandelwal, Belinda George, Kranti Khadiolkar, Parag Goyal		
12:40 - 13:00	Optimizing the Growth in Congenital Adrenal Hyperplasia	Purshottam Chatterjee
13:00 - 13:20	Managing Puberty and Fertility Issues in CAH	Mala Dharmalingam
13:20 - 13:40	Novel Therapies of CAH	Soumik Goswami
13:40 - 14:00	Idiopathic Short Stature: Updates in Approach and Management	Vijay Shekhar Reddy
Break: 10 minutes		
Symposium: D2/N/08 - Diabetes		
Chairpersons: Sharad Kumar, DD Deol, Vinod Mattoo, Swati Srivastava		
14:10 - 14:30	Prevention of Type-1 Diabetes: A Ray of Hope	Arun Pandey
14:30 - 14:50	Imeglimin - A New Kid on The Block	Krishna Seshadri
14:50 - 15:10	Use of Premixed Insulin in Indian Context	Debmalya Sanyal
15:10 - 15:40	The Role of DPP4 Inhibitors in Hospitalized Patients with Type-2 Diabetes	AH Zargar
Break:5 minutes		
Symposium: D2/N/09 – SAFES		
Chairpersons: Tara Koirala, Sanjay Kalra		
15:45 - 16:05	Somnometabolic Syndrome	Kamakshya Shah
16:05 - 16:25	Rubrometabolic Syndrome	Md. Feroz Amin
16:25 - 16:45	Diabetes Dementia	Chaminda Gurusinghe
16:45 - 17:05	Mental Health and Endocrine Function	Robin Maskey
Break: 10 minutes		
Symposium: D2/N/10 – Pediatric Endocrinology		
Chairpersons: Biplab Bandyopadhyaya, Pratibha Pawal		
17:15 - 17:35	Fabkins: Is it the Beginning of the End of Diabetes	Manash Baruah
17:35 - 17:55	Role of pro-insulin in Type-1 DM: From Key Auto Antigen to Primary Therapeutic Target	Naresh Sachdeva

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23rd DECEMBER (DAY - 2) HAWAMAHAL HALL

Time	Topic	Speaker
Symposium: D2/H/06 – Lipids & CVDs		Chairpersons: Animesh Maiti, Sweta Bhandari, Rucha Mehta
11:10 - 11:30	Novel Emerging Therapies in Lipid Disorders	Biplab Bandyopadhyaya
11:30 - 11:50	Statin Intolerance: Diagnosis and Management	Sharad Kumar
11:50 - 12:10	The Forgotten Lipids: Triglycerides, Remnant Cholesterol, and Atherosclerotic Cardiovascular Disease Risk	Jayanti Ramesh
12:10: 12:30	Picking Heart Failure Early in Endocrine Practice	KP Singh
Break: 10 minutes		
Symposium: D2/H/07 – Endocrine Surgeries		Chairpersons: Vijay Bhaskar Reddy, Pranab Sahana, Debarchan Jena
12:40 - 13:00	Endocrine Issues in Post bariatric surgery	Ramkumar S
13:00 - 13:20	SKP transplant - Where Have We Reached in India?	Deepesh B Kenwar
13:20 - 13:40	Corrective surgery in DSD	Shivaji Mane
13:40 - 14:00	Diabetic Specific Nutrition	Sanjay Kalra
Break: 10 minutes		
Debate & Panel Discussion		Chairpersons: Anil Kumar Singh, JP Sahoo, Praveen Ramchandra, Parjeet Kaur
Panel Discussion		Anil Kumar Singh (Moderator)
14:10 - 14:35	Selection of Second OAD in Low-risk Indian Diabetics	Rajeev Khanna, Radhika Jindal Rucha Mehta, Ajay Agrawal
Debate		Swayamsidha Mangaraj Harsha Pamnani
14:35 - 14:55	PCOS: Who is Behind the Wheel? Insulin Resistance Vs Androgen	
Panel Discussion		Parjeet Kaur (Moderator)
14:55 - 15:20	Persistent Cushing's After failed TSS: Second TSS vs B/L adrenalectomy vs Radiotherapy	Anita Khandelwal, Pradeep Mukhopadhyay, Ganesh HK, Jaideep Khare
15:20 – 15:35	T3: Is There a Need?	P Ravi Kumar
Break: 10 minutes		
Symposium: D2/H/08 – Controversies in Endocrinology		Chairpersons: Madhukar Rai, Arundhati Dasgupta, Mohan Shenoy
15:45 - 16:05	Gestational Diabetes - Diagnosis and Management	Saptarshi Bhattacharya
16:05 - 16:25	Medical Management of Prolactinoma: Controversies and Solution	R Santosh
16:25 - 16:45	Preconception Care - Endocrine Perspective	Usha Sriram
16:45 - 17:05	Guidelines in Diabetes Mellitus: Controversies	Ritesh Yadav
Break: 10 minutes		
Symposium: D2/H/09 - Diabetes		Chairpersons: Shehla Shaikh, Mukesh Sarna
17:15 - 17:35	The MESIDA Trial	Awadhesh Kumar Singh
17:35 - 17:55	Experience the Evidence-Based and CV safe DPP4 inhibitor - Alogliptin	Subhankar Chowdhury



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VENUE: BIRLA AUDITORIUM JAIPUR RAJATHAN

23rd DECEMBER (DAY - 2) CITY PALACE HALL

Time	Topic	Speaker
Symposium: D2/C/03 - Mosaic		Chairpersons: MK Agarwal, Altamesh Shaikh
11:10 - 11:30	Growth Hormone in Adults: A misnomer? The Need for Identifying and Treating AGHD	Gagan Priya
11:30 - 11:50	Multifactorial Approach to T2DM Management: Role of Once Weekly GLP-1 RA	Arpandev Bhattacharya
11:50 - 12:10	Interchangeable Glargine- Translating Evidence to Practice	Richa Chaturvedi
12:10 - 12:30	Co-formulation Insulin in Indian realities: From Published Evidence to Practical Experience	Abhay Ahluwalia
Break: 10 Minutes		
Symposium: D2/C/04 Insulin Symposium		Chairpersons: Ashish Verma, DP Bansal
12:40 - 13:00	Ultra-long Insulins in Hospital: Spotlight on Indian Evidence	Debmalya Sanyal
13:00 - 13:20	In-patient Management of Hyperglycemia: Role of Ultra-fast Insulin	R Santosh
13:20 - 13:40	Moving forward- Gaining a wider outlook of diabetes Management with Gen 2.0 Basal Insulin	Sandeep Julka
Break: 10 minutes		
Symposium: D2/C/05 – Diabetes		Chairpersons: VB Singh, Arvind Gupta
13:50 – 14:10	Haptoglobin Genotype Polymorphism in the setting of T2DM & CVD	Ganapathi Bantwal
14:10 – 14:30	PIONEERING the Upstream Approach in Diabetes Management with Oral Semaglutide	Ambrish Mithal
Break: 10 minutes		
Oral Presentations		Judges
14:40 - 15:40	Rama Walia, Pramod Gandhi, Nitin Kapoor	
15:50 - 16:50	Bipin Sethi, Sandeep Mathur, PK Jabbar	
Break: 10 minutes		
Symposium: D2/C/06		RTM
17:00 - 18:00	4 Sessions	



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23rd DECEMBER (DAY - 2) AMER HALL

Time	Topic	Speaker
Orations and Plenaries		
Chairpersons: RV Jayakumar, SV Madhu, PK Jabbar, Ganapathi Bantwal		
09:00 - 09:30	MMS Ahuja Oration (2020) - Youth Onset Diabetes	Nikhil Tandon
09:30 - 10:00	Plenary - Cardiometabolic Based Chronic Disease, Adiposity and Dysglycemia Drivers	Jeffrey Mechanick
10:00 - 10:30	Plenary - Organ Transplant Recipients: Endocrine Issues	Pankaj Shah
10:30 - 11:00	P N Shah Oration (2022) - Thyroid Changes after Bisphosphonates	Narendra Kotwal
Break: 10 minutes		
Symposium: D2/A/05 - Adrenal		
Chairpersons: KVS Harikumar, Tiven Marwah, Vimal MV		
11:10 - 11:30	Medical Management of Cushing's Syndrome: Expanding Horizon	Sadish Kamalanathan
11:30 - 11:50	Adrenal Insufficiency - What's new	Ganapathi Bantwal
11:50 - 12:10	Adrenal Infections: Management Issues	Arundhati Dasgupta
12:10 - 12:30	Mild Autonomous Cortisol Secretion: Tryst with Entity	Jaya Prakash Sahoo
Break: 10 minutes		
Symposium: D2/A/06 - Thyroid		
Chairpersons: Vinod Mattoo, Vipin Talwar, Parag Shah		
12:40 - 13:00	Non-Invasive Management of Thyroid Nodules: Choosing the Right Patient	Madhukar Rai
13:00 - 13:20	Thyroid Cancer: Molecular Markers for Personalized Management	Beena Bansal
13:20 - 13:40	Advanced Thyroid Cancers: Updates in Medical Management	Yashdeep Gupta
13:40 - 14:00	Management of Cytologically Indeterminate Thyroid Nodules: Primum Non-Nocere	Sachin Chittawar
Break: 10 minutes		
Meet The Expert		
14:10 - 14:35	A Young Male with Osteoporosis	Ambrish Mithal
14:35 - 15:00	A 27-year Female with 14 weeks pregnancy presented with Thyrotoxic Storm in ICU	Nikhil Tandon
Symposium: D2/A/07 - Endocrine Genetics		
Chairpersons: Ajitesh Roy, Sweta Budyal		
15:00 - 15:20	Obesity - Update on Genetics and Management	Ashu Rastogi
15:20 - 15:40	Endocrine Genetic Concepts: A Clinical Kaleidoscope	Nihal Thomas
Break: 15 minutes		
Symposium: D2/A/08		
Reproductive Endocrinology		
Chairpersons: Beena Bansal, SS Sidhiqui, Hemlata Patidar		
15:55 - 16:15	Ovulation Induction: Endocrinologist's Perspective	Vaishali Deshmukh
16:15 - 16:35	Male Infertility: Approach and Management	Anirban Sinha
16:35 - 16:55	PCO - Recent Understanding and Management Strategies	Preeti Dabadghao
16:55 - 17:15	Turner's Syndrome: Management in Adulthood	Sahana Shetty
Break: 10 minutes		
Symposium: D2/A/09		
Transgender Endocrinology		
Chairpersons: VK Bharadwaj, Joe George		
17:25 - 17:45	Transgender Female: Optimal Feminizing Hormone Treatment	Mahua Ghosh
17:45 - 18:05	Breaking Down Barriers to Reproductive Care for Transgender People	Debmalya Sanyal



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Symposium: D2/J/05 – Pediatric Endocrinology		
Chairpersons: Jayanti Ramesh, Rajkumar Gupta, Ganesh HK, Manish Sharma		
11:10 - 11:30	Genotype - Phenotype Correlation in Childhood PHPT	Tushar Bandgar
11:30 - 11:50	Neonatal Diabetes: Genetics and its Relevance in Personalized Medicine	Sachin Mittal
11:50 - 12:10	Neonatal Hypoglycemia: Approach and Management	Shaila Bhattacharya
12:10 - 12:30	Dysmorphic Short Stature: Evaluation and Management	VK Bhardwaj
Break:10 minutes		
Symposium: D2/J/06 – Bone & Parathyroid		
Chairpersons: R Muralidharan, AG Unnikrishnan, Ravi Kumar, Lalit Sharma		
12:40 - 13:00	Therapeutic Utility of rPTH in Hypoparathyroidism	Bipin Sethi
13:00 - 13:20	PTH Independent Hypercalcemia: How to Approach?	Joe George
13:20 - 13:40	GIO: When to Treat and How to Treat?	Sunil Mishra
13:40 - 14:00	MEN 1 Surveillance in Real world: How Much is Enough?	Sanjay Bhadada
Break:10 minutes		
Symposium: D2/J/07 – Sports and Lifestyle		
Chairpersons: Abhay Sahoo, Om Lakhani		
14:10 - 14:30	Hormone Abuse in Sports: Endocrinologist's Role	Ashraf Ganie
14:30 - 14:50	Building a Lifestyle Medicine Center	Jeffrey Mechanick
14:50 - 15:30	CPC: PGI Chandigarh	Soham Mukherjee Uma Nahar (Pathologist)
Break:10 minutes		
Symposium: D2/J/08 - Theranostics		
Chairpersons: Nikhil Tandon, Vijaya Sarathi, Radhika Jindal, JK Bhagat		
15:45 - 16:05	Thyroid Cancer: Radioiodine and Beyond	BR Mittal
16:05 - 16:25	Newer Insights in PRRT in Functional GEP-NET: Where do we Stand Today?	Vikram Lele
16:25 - 16:45	Innovative Imaging of Insulinoma: Is it the End of Venous Sampling?	Ishita Sen
16:45 - 17:05	Radionuclide Therapies in PPGL: Where do we Stand Today?	Karthik Balachandran
Break:10 minutes		
Meet the Expert		
17:15 - 17:40	32-year-old Male with BMI 35 kg/m ² with Low-Normal Testosterone and ED: What to do?	Shailendra Bhasin
17:40 - 18:05	60-year-old Diabetic Male with B/L Lower Limb Pain and Paresthesia	Satish Khadilkar